

# Ryegrass heading dates

## Pasture

Grow & utilise

Heading date is when a cultivar shows seed head in spring. A late heading date can mean better late spring quality.

### What is heading date?

Heading date describes when a grass cultivar has 50% of tillers with seed heads emerged in spring. It is also known as ‘ear emergence date’ (see photo).



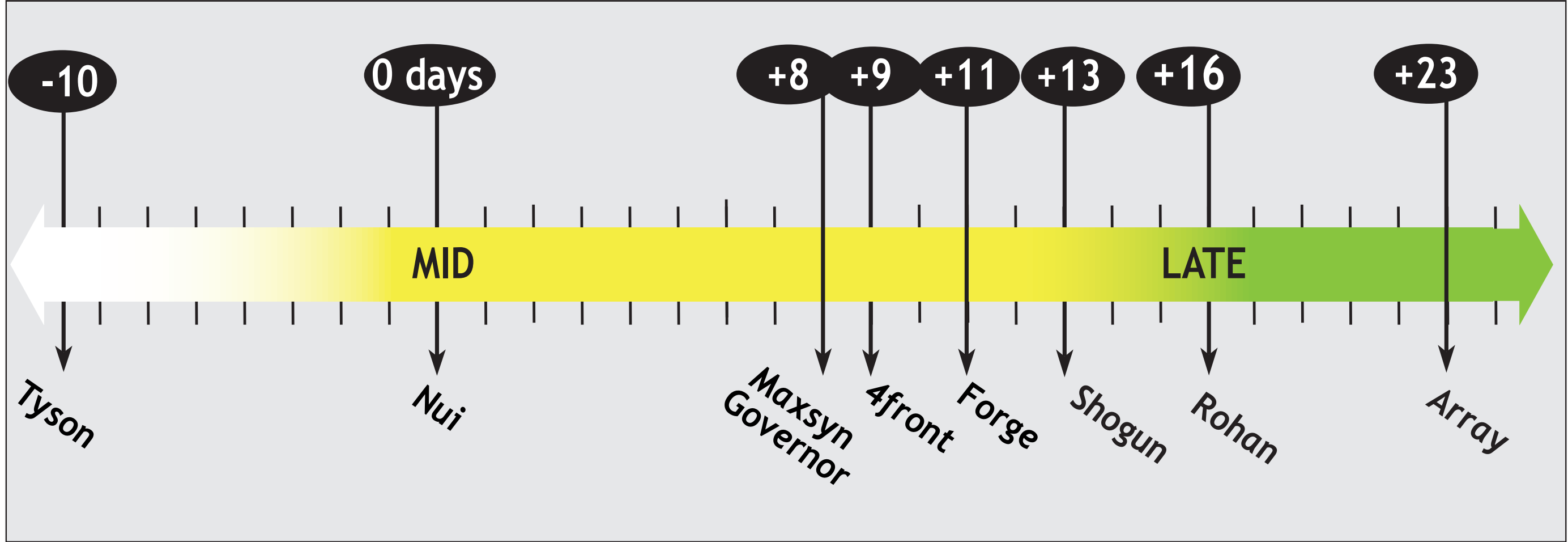
Ryegrass ear just emerging on left tiller.

Day 0 is based on traditional cultivars such as *Nui*, which typically heads around 22 October in Canterbury. But this can vary by 2-3 weeks from year to year. A cold early spring delays heading, while warmth can bring it on earlier.

A +14 day heading date means a cultivar will produce seed head 14 days later than *Nui* (Day 0).

For all ryegrass cultivar heading dates, see perennial ryegrass cultivars, hybrid ryegrass, and Italian & annual ryegrass.

### Heading dates of Barenbrug ryegrasses

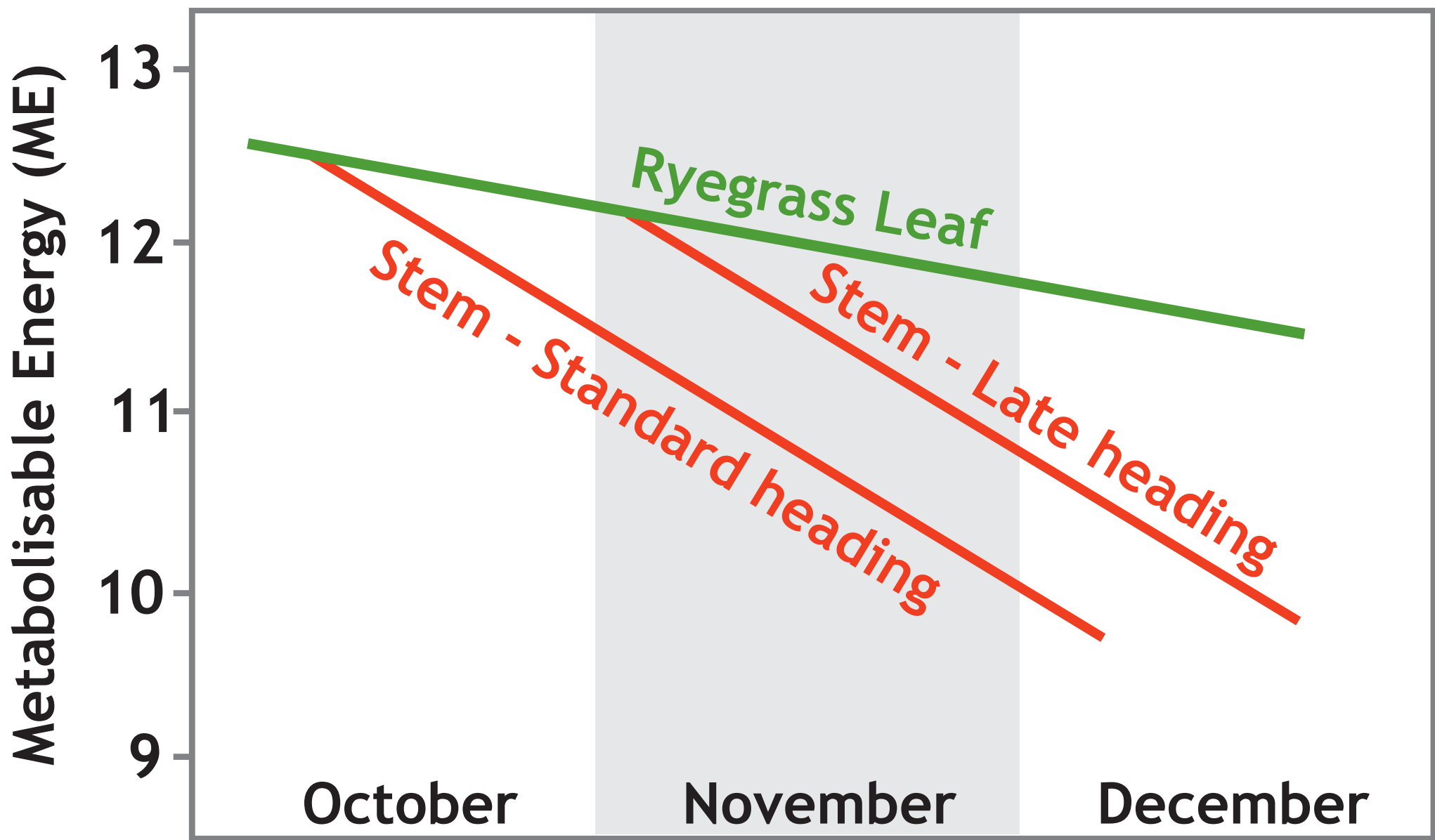




# Using ryegrass heading dates on farm

As ryegrass goes to seed in late spring, stems develop, fibre levels rise and quality drops as illustrated below. Late heading cultivars delay the start of seeding, thus maintaining animal intake and performance in November.

## Advantage of late heading



## Late heading & early growth

Heading date vs early spring yield of perennial ryegrasses\*



The first late heading ryegrasses in NZ had poor early spring yield, but this is no longer the case. Recent perennial ryegrass breeding means early spring growth and a late heading date can be combined in the same cultivar (e.g. Array NEA2). This is shown below with the 2024 National Forage Variety Trial (NFVT) early spring yields graphed versus heading date.